

The 5-Minute MYO SCREENING TOOL



If three or more of these symptoms sound familiar, it may be helpful to complete a more in-depth screening. This does not mean something is "wrong," but it can help us determine whether additional support would be beneficial.

BREATHING & SLEEP

- Mouth Breathing
- Snoring or breathing loudly at night
- Restless sleep

TONGUE & POSTURE

- Tongue can be seen pushing against teeth at rest
- Tongue tie
- Tongue thrust while eating or speaking

EATING & SWALLOWING

- Picky eating
- Gags easily
- Messy or noisy eater

SPEECH

- Lisp
- Speech sounds unclear for age
- Limited progress in traditional speech therapy

TEETH & JAW

- Crowded teeth
- Narrow palate
- Grinding teeth

Lasting Language is here to help! Contact us today to schedule a free consult.

Text us! 470-665-4891